



Quiz: Which Goddess Are You?

The Greek goddesses have been inspiring women's self-awareness and touching their lives for thousands of years. How do the seven female divinities affect you? Take this test to find out which goddess you're ruled by--and learn how to awaken, restore, and reveal the natural powers of all of the goddesses within you.

By Eileen Livers and Agapi Stassinopoulos. Based on the book *Conversations with the Goddesses: Revealing the Divine Power Within You* by Agapi Stassinopoulos. This quiz was created for and appears on iVillage.com.

1. What is the most important thing in your life?

- a) Marriage
- b) Serving others
- c) Romance and passion
- d) Career
- e) Independence
- f) Finding myself
- g) Children

2. What do you want most out of marriage?

- a) An equal partnership
- b) The opportunity to create a warm, nurturing home life
- c) Passion--without it, what is there?
- d) Friendship--it's the key to a long-lasting relationship
- e) You're not sure you will get married
- f) A spiritual partnership
- g) Children--you can't wait to be a mother

3. Your ideal life partner is:

- a) Self-confident--someone who would never feel threatened by you
- b) Service-oriented--someone who strives to do for others
- c) Passionate--someone who is as loving and sexual as you are
- d) Intelligent--someone with whom you can discuss all kinds of interesting topics
- e) Independent--someone who believes partners can have their own lives
- f) Mature and successful--someone whose position in the world is impressive
- g) Stable and protective--someone who can provide for you and your family

4. When it comes to sex, you:

- a) Enjoy the give and take that leads to mutual pleasure
- b) Can take it or leave it--you feel fulfilled without it, as long as there is love in your relationship
- c) Are easily aroused and thoroughly enjoy sex--with a desired partner, of course

- d) Usually feel awkward and disconnected from your body--it's hard to let go of what's going in your head and let your body enjoy the experience
- e) May seem aloof and withdrawn at first, but once you relax and get into it, anything can happen!
- f) Find it to be a powerful, almost transforming experience
- g) Enjoy pleasing your partner but don't usually focus on having your own needs met

5. On a typical (child-free) Saturday afternoon, you would most likely be found:

- a) Attending a meeting for your church or synagogue, or other local association
- b) Gardening or doing housework
- c) Shopping or visiting an art museum with friends, or getting a massage
- d) Attending a lecture series or author reading, or curled up with a good book
- e) Doing something athletic outdoors, such as hiking or sailing
- f) Reading your horoscope, meditating, or participating in some other New Age practice
- g) In the kitchen cooking and possibly preparing to entertain at home that evening

6. If you were to throw a luncheon for your friends, whose names would be on your guest list?

- a) The wives and girlfriends of your mate's friends
- b) Women you've met while doing volunteer work in the community
- c) A fun group of girlfriends you feel comfortable sharing *everything* with
- d) Mostly men friends--you have more of them than female friends
- e) A few very close, carefully chosen friends

- f) A small group of close friends with whom you share an almost spiritual connection
- g) Women who have children the same age(s) as yours

7. A friend calls to invite you to a party next Saturday night. You:

- a) Attend and stay close to your partner--you two tend to mingle together
- b) Find a way to get out of it--you'd rather spend the time at home
- c) Can't wait to go--you love to be the life of the party
- d) Go and get caught up in a conversation about current events, politics, or work
- e) Mingle freely, never spending too much time with any one person or group
- f) Go and get involved in a heavy conversation with one person
- g) Help the host or hostess in the kitchen and make sure everyone is having a good time

8. Which profession most appeals to you?

- a) Head of volunteer organization
- b) Nurse or social worker
- c) Clothing designer, actress/singer, or public relations person
- d) Lawyer or business executive
- e) Adventure guide or camp leader
- f) Psychotherapist
- g) Restaurant owner or chef/caterer

9. If you could create your dream home anywhere, where would it be?

- a) Beverly Hills, California, or a similarly elegant neighborhood

- b) In a gated community--you want the protection and privacy
- c) In a deluxe city apartment building filled with gold tones and rich colors and fabrics
- d) In New York City or another fast-paced, stimulating city
- e) In the country, near parks and other open spaces
- f) You don't care, as long as it has a calm and peaceful energy
- g) In a tight-knit community, where neighbors feel comfortable dropping by for a cup of coffee

10. When you have free time, how do you like to spend it?

- a) Socializing with friends or attending a social event
- b) Doing volunteer work
- c) Shopping, especially for clothes
- d) Going to a bookstore or spending time reading
- e) Taking a walk outdoors
- f) Meditating or otherwise spending some quiet time alone with your thoughts
- g) Cooking for family and friends

11. Your clothing closet is filled mostly with:

- a) Simple, classic styles that allow you to look put-together but not fussy or trendy
- b) A hodgepodge of items purchased without much thought or planning
- c) Clothes that mold to your body in soft, luxurious fabrics
- d) Outfits you feel confident in and know will make a positive impression
- e) Exercise clothing, jeans, and other comfortable, casual clothes

f) Artsy, somewhat eccentric items

g) Simple, comfortable items that are good for lounging in at home and playing with children

12. Which of the following statements is most true for you?

a) You like your body best when you know that your partner finds you attractive

b) Your outward appearance matters less to you than how you feel on the inside

c) Your body makes you feel sexy and attractive

d) You don't spend much time thinking about your body

e) You take care of your body so that you can exercise and be active

f) You are struggling to make peace with your body

g) What you like best about your body is its ability to bear children

Scoring

Add up the number of As, Bs, Cs, Ds, Es, Fs, and Gs you chose. If you chose one letter more than any of the others, that represents the goddess who rules your personality the most. If you have the same number of two or more letters, several goddesses influence your personality evenly. No matter which goddess or goddesses rule your personality the most, be sure to also pay attention to the other goddesses who influence you based on your results. Every woman has aspects of *all* seven goddesses in her personality. To achieve a healthy balance, you need to integrate characteristics of each of the goddesses into your life. Now that you have identified the qualities of the goddesses in yourself, you

can recognize needs you have left unfulfilled; by attending to those needs, you can become happier and more self-confident.

(Mostly As)

Hera

If you possess many of Hera's qualities, you tend to find fulfillment in relationships and look on marriage as a permanent union. In marriage, you feel no sense of frustration or resentment, because you are an equal partner with your spouse. You are confident and have no trouble asserting your authority in and out of the relationship. You seek men who are self-confident and successful, because you are comfortable with the concept that you can be fulfilled through him (and him through you). As long as your partner honors the marriage as much as you do and appreciates you, you will be happy. If he doesn't, you must concentrate on your own growth and discover an identity independent of him. To do that, you need to add more of the goddess Artemis to your life.

(Mostly Bs)

Hestia

If you embody the qualities of Hestia, you understand the value of having your own sacred place, whether it's an actual room or simply a time of day when you free your mind of busy thoughts and experience peace of mind. There's no doubt this place is in your home--where you feel the most joy. Home is your sanctuary. You are at home with yourself wherever you are, though, and no matter whom you are with. You know that the meaning of your life springs from your spiritual center. This brings you a great sense of

security. You do not crave attention or material possessions; you nurture your friends and family with your unconditional love.

(Mostly Cs)

Aphrodite

If you are ruled mostly by Aphrodite, your femininity and passionate spirit are the controlling forces in your life. You tend to be charismatic and self-assured, comfortable with your body, and unrestrained sexually. Men are drawn to you like bees to flowers, which satisfies your erotic nature. However, you tend not to form permanent attachments with lovers because you value your sexual freedom, which may leave you feeling lonely and even depleted once a relationship ends. To find and form a more lasting relationship, you need to add more of the goddess Hera to your life.

(Mostly Ds)

Athena

If you are ruled by Athena, you are bright-eyed, shrewd, resourceful and inventive. With friends, you are the wise counselor--always ready with an empowering message. You believe strongly that women can accomplish anything men can. No wonder you put so much time into your career. Athena women tend to be ruled by their head, not by their heart. You carefully guard your intimate side, protecting your emotions and vulnerability. If you want to awaken your unexpressed womanliness, you'll have to use the same passion you apply to your intellectual achievements. It's important that you work to integrate your strong masculine side with your feminine side--bringing together your

strength with your vulnerability, your creativity with caring, and your intelligence with imagination. Otherwise, you risk coming off as unaffectionate and self-righteous. Take lessons from the goddesses Hestia and Aphrodite to do this.

(Mostly Es)

Artemis

If you are ruled by Artemis, your independent spirit belongs to no one but yourself. Your body is vibrant, your attitude robust, and your manner vigorous and alive. You are driven by physical rather than mental energy. You feel complete without a man in your life and would never compromise your essential nature for a romantic partner. You are skilled at establishing personal boundaries and enter into relationships on your own terms--in short, you can take care of yourself.

(Mostly Fs)

Persephone

If you exemplify the qualities of Persephone, you have most likely experienced great loss in your life--the loss of your health or your emotional or physical security, the betrayal of a friend or lover, the loss of a child, your own divorce or that of your parents. This experience has forced you to face the dark, unenlightened side of yourself (the side that blames other people or circumstances for your own suffering) and transform yourself into a stronger, more independent, more accepting, and more loving person. It may have also led you down a spiritual path, and moved you to place great emphasis on inner calm and on close connections with friends. You are capable of embracing, integrating, and

accepting difficult experiences. Because of that skill, you offer others the gift of empathy--you know where they are or have been. Don't forget to enjoy life's pleasures, calling forth the qualities of Aphrodite and Artemis that are within you.

(Mostly Gs)

Demeter

If you fit the Demeter archetype, you are a nurturer and caretaker. You have a generous heart and enjoy extending your love to others. You are motivated by the most powerful of instincts--to give life--and you selflessly devote yourself to the life you create. You feel compelled to care for all those around you, even if they are not your own children. In short, you feel the need to be all things to all people and, therefore, your own needs sometimes go unmet. You must learn to say no, and apply Artemis's sense of boundaries and Aphrodite's ability to put herself first. That way, you can give to others from an overflowing rather than a half-full cup.